*** *Sham Rock Shake* ***

32 Count, 4 Wall Line Dance, choreographed by Robert & Regina Padden, June 1997.
Music: "I'll Tell Me Ma" by "Shamrock"

1-2	Step Forward on Right foot, Kick Left foot forward
3&4	Cross Left foot in front of right, Step Right foot to right side. Rock weight onto Left foot.
5&6	Cross Right foot in front of left, Step Left foot to left side, Rock weight onto Right foot.
7-8	Step forward with Left foot, Pause for 1 beat.
9-10	Pivot ½ turn right (clockwise) on balls of both feet, Pause for 1 beat.
11&12	Step Left, Right, Left in place completing ½ turn to the right (clockwise) (You are back facing the wall you started at).
13-14	Step forward on Right foot, Step forward on Left foot
15&16	Touch Right toe behind left foot, Scoot back on Left foot, Step back on Right foot
17&18	Shuffle forward LRL
19&20	Shuffle forward RLR
21-22	Cross Left over right, Unwind by doing ¾ turn to the right (clockwise)
23-24	Do the Shamrock Shake.........i.e. Bump hips forward twice while holding both hands behind your head or if you can think of something else, go ahead try it, have fun.
25&	Touch Left heel forward, Hitch Left & Scoot forward on Right foot
26&	Touch Left heel forward, Hitch Left & Scoot forward on Right foot
27&	Touch Left heel forward, Hitch Left & Scoot forward on Right foot
28&	Touch Left heel forward, Hitch Left & Scoot forward on Right foot

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Option that *can* be used for the Steps 25– 28& during the Chorus.

25&	Touch Left heel forward, Hitch Left & Scoot forward on Right foot
26	Touch Left heel forward
27&28	Clap hands 3 times

29&	Touch Left heel forward, Step weight onto Left foot
30&	Touch Right heel forward, Step weight onto Right foot
31&	Touch Left toe behind right, Step weight onto Left foot
32	Touch Right beside Left (Leave weight on Left)

Try and add the following to steps 29-32
Clap hands at waist level on count 29
Clap hands above head on count 30
Clap hands behind your back on count 31
Clap hands in front on count 32

DANCING IS A WAY OF LIFE!
ENJOY THE CHALLENGE