



LOUISIANA HOT SAUCE

(My Little Jalapeño)

32 Beat — 2 Wall Intermediate Cajun Style Line Dance

Choreographed by:


Joanne Brady


Gordon Elliott


Max Perry


Jo Thompson

Featured in Video Vol. 3 of DanceLink™

Suggested Music: "He's My Little Jalapeño" by Scooter Lee

Available through Southern Track Records — (800) 531-4379

"All You Ever Do Is Bring Me Down" by The Mavericks

HEEL STRUTS, HEEL DROPS L & R

- 1& L heel forward (1), Drop L toe lifting L heel and bending L knee (&).
- 2& Drop L heel to floor 2 times shifting weight to L foot.
- 3& R heel forward (3), Drop R toe lifting R heel and bending R knee (&).
- 4& Drop R heel to floor 2 times shifting weight to R foot.

CROSS, UNWIND 1/2 TURN R, 3 HEEL TWISTS, CLAP

- 5 Cross L over R placing ball of L foot on floor.
- 6 Unwind by turning R 1/2 ending with feet apart and both heels shifted to L side.
- 7&8& With weight on balls of both feet, Twist both heels R (7), L (&), R (8), Clap hands (&).

CAJUN JOGS FORWARD & CLAP

- 1&2 With weight mainly on balls of feet, Step forward L (1), R (&), L (2).
- & Lift R knee & hop on L foot clapping hands.
- 3&4 With weight mainly on balls of feet, Step forward R (3), L (&), R (4).
- & Lift L knee & hop on R foot clapping hands.

BACK SKIPS, ROCK, STOMP, HOLD

- 5& Step L back crossing slightly behind R (5), Hop on L foot lifting R knee (&).
- 6 Step R back crossing slightly behind L.
- & Rock back on ball of L foot.
- 7-8 Stomp R to R forward diagonal bending R knee with weight over R foot (7), Hold (8).

OPTION: Arms out to sides with palms down on count 7.

CROSS ROCKS & 360° PADDLE TURNS

- 1 Cross L in front of R rocking forward onto L bending both knees.
- &2 Replace weight back to R straightening both legs (&), Small step L to L side (2).
- 3 Cross R in front of L rocking forward onto R bending both knees.
- &4 Replace weight back to L straightening both legs (&), Small step R to R side (4).
- 5 Cross L in front of R rocking forward onto L bending both knees.
- & Replace weight back to R straightening both legs (&).
- 6 Small step L to L side, Turning 1/4 L starting L paddle turn.
- & Continuing L paddle turn with R foot slightly behind L, step on ball of R foot.
- 7 Replace weight to L foot continuing L turn.
- & Still turning L, with R foot slightly behind L step on ball of R foot.
- 8 Replace weight to L foot, Completing 360° paddle turn to end facing same wall as for the cross rocks.
- 1-8 Reverse above 8 counts starting with R foot.

START OVER FROM BEGINNING OF DANCE.

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